



PRICE LIST 2019

Our promise

Our product ranges are free of chemicals & irritants.
No parabens, no mineral oil, no artificial fragrances or colour, no silicones.
Not tested on animals and organic where possible



ELEMIS



jane iredale
BEAUTY WITH BRILLIANCE™



dermalogica®

HAIR REMOVAL

WAXING (*strip and/or hot wax*)

3 FOR THE PRICE OF 2 ON ALL WAXING

Full leg	£28	Full leg & bikini	£38
½ leg	£19	½ leg & bikini	£30
Bikini	£16	Brazilian	£30
Hollywood	£35	Forearms	£20
Underarms	£12.50	Eyebrows	£10
Upper lip	£ 9	Lip & chin	£12
Eyebrows, upper lip & chin			£20

ELECTROLYSIS

10 minutes	£12	20 minutes	£18
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LASHES & BROWS (*patch test required*)

Eyelash tint	£15
Eyebrow tint	£10
Eyelash & eyebrow tint with shape	£25
HD Brows	£35
HD Brows Express	£25
Lash Perfect full set	£49* - £89
(With junior therapist)	£49
Lash Perfect maintenance from	£38
Lash Volume, Lift & Tint	£33.75* - £45
(LVL Nouveau Lashes)	

** With fully qualified junior therapist*

JESSICA MANICURE & PEDICURE

Manicure	£21* - £28
File & paint (fingers or toes)	£15* - £20
Pedicure	£27.75* - £37
Luxury Zen spa pedicure	£35.75* - £47
Medi-Pedicure**	£70

** With fully qualified junior therapist*

*** Clinical grade treatment by our in-house qualified surgical chiropodist, finishing with relaxing spa therapy with a natural's therapist*

JESSICA GEL NAILS

Gel manicure or pedicure	£30* - £40
Gel application	£22.50* - £30
Gel removal	£7.50* - £10

** With fully qualified junior therapist*

TANNING

Fake Bake hands-on application delivers a beautiful golden tan packed with anti-oxidants to protect and repair your skin. Colour ranges from light to dark

Half body	£30
Full body	£40

DERMALOGICA FACE TREATMENTS

(All best sellers – using products prescribed for your specific needs)

Face treatment (60 mins) £58

Includes double cleanse, face mapping, professional strength exfoliation, steam, extractions, purification & vitamin therapies to instantly & dramatically enhance the skin's youthfulness

Face treatment + back massage (80 mins) £75

Teenage facial (30 mins) £35

Focus on cleansing, steaming, extraction & purification

Express facial (30 mins) £40

ELEMIS ADVANCED ANTI-AGEING FACIALS

Biotec Line erase (60 mins) £89

Course of 6 £390 (£65 each)

Skin is flooded with super hyaluronic hydration & oxygen therapy while microcurrent lifts and firms

Biotec Firm-a-lift (60 mins) £89

Course of 6 £390 (£65 each)

Super lifting facial with galvanic current to tighten cheeks, neck and jawline

Super Biotec (75 mins) £100

Course of 6 £480 (£80 each)

Combines line erase and firm-a-lift for the ultimate anti-ageing facial

Dynamic skin resurfacing (60 mins) £89

Course of 6 £390 (£65 each)

Resurfacing for acne scarring & blemished uneven skin tone. Skin is noticeably smoother, visibly clearer & pore size reduced

ELEMIS ADVANCED TOUCH FACIALS

Pro Collagen Line Erase (75 mins) £70

Course of 6 £350 (£58 each)

The Elemis world renowned pro collagen facial for beautifully nourished, younger looking skin

Vegetarian/Vegan

Superfood Facial (60 mins) £58

NEW from Elemis: a nutritional boost rich in superfoods & essential minerals, designed to pack stressed, dull skin with energising and detoxifying additives

ELEMIS FACE AND BODY COMBINATIONS

Face & body sensation (60 mins) £57

30 minute leg & back hot stone massage followed by a 30 minute facial

Absolute Elemis experience (120 mins) £97.50

A full body deep tissue massage with an hour long facial with specific products from your consultation

ELEMIS DETOX AND CELLULITE

Targeted toning tightener
(1 area – thighs, abdomen or arms)

60 mins £60

Course of 4 x 1 hr treatments (Just £45 each) £180

30 mins £35

Course of 4 x ½ hr treatments (Just £30 each) £120

Achievable, visible slimming & firming results from the very first treatment. A powerful blend of salts, minerals and seaweeds targets cellulite & stubborn fat cells on hips, thighs, abdomen and back of arms to firm the body and tone the skin

ELEMIS PEACEFUL PREGNANCY TREATMENTS

Peaceful pregnancy massage (75 mins) £48

A must for all expectant mums. Designed to meet your needs during pregnancy, it helps relieve back tension and pays special attention to tired legs and aching feet

Peaceful pregnancy face & body experience (120 mins) £97.50

An ideal gift to spoil any mother-to-be, this nurturing full body massage is followed by a 60 minute hands-on ELEMIS customised facial

HEAVEN SENT MESSAGE**

Swedish massage

20 minutes	£20
50 minutes	£42

A classic European massage to keep skin & muscles in good working order

Remedial massage (30 mins)	£38
Course of 6 x 30 mins	£180

Whether you've overdone it at the gym or work, this is a deep massage to manipulate problem areas, concentrating on releasing knotted areas in the back, neck and shoulders. Infra-red lamp used

Stress relief massage (45 mins)	£40
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The ultimate massage which delivers triple results by targeting three key areas - back, neck, shoulders and scalp

ELEMIS deep tissue massage (60 mins)	£55
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Our 'hero' massage combines 6 different cultural touches learnt from around the world

Hot stone massage

Hot stone back massage (20 mins)	£23
Hot stone back & back of legs (40 mins)	£38
Hot stone full body massage (60 mins)	£48

Stone therapy gives an unrivalled combination of heat and touch to relieve tired, aching muscles. One stroke with a basalt stone is ten times more effective than with the hands

Add-on body exfoliation*

½ body	£20
Full body	£30

*Uses Elemis Intensely Cleansing Salt Scrub for a body that's super soft, supple and smooth

**Acupuncture and Chinese massage also available with our in-house practitioner

NEW TO NATURALS - SPECIALIST MASSAGE FOR WELLBEING

TRADITIONAL THAI YOGA MASSAGE (Nuad Boran)

'Lazy Yoga'! A completely new approach as there's no need to remove any clothes – just wear comfortable, loose clothing. Performed on a floor mat and suitable for everyone. Incorporates pressure point massage and yoga stretches to release deep seated tension and energy blockages. Helps reduce stress & anxiety, relieve migraine & sinus problems and ease asthma & allergies. Can also improve sleep, aid joint flexibility & mobility and relieve back, neck & knee pain

60 minutes Yoga massage £39

75 minutes Yoga massage £48

Course of 4 - £160 (£40 each)

THAI HOT OIL COMBINATION

A combination of Thai massage plus hot oil massage to the back, neck & shoulders

90 minutes £55

Course of 4 - £200 (£50 each)

HAWAIIAN MASSAGE (Lomi Lomi)

A balancing & uplifting experience. Based on ancient Hawaiian deep, sweeping, healing massage movements which both calm and energise. The most spiritual of all our massages it includes body brushing and abdominal massage

60 minutes £55

HOT & SPICY INDONESIAN POULTICE MASSAGE (Luk Prakob)

Hot herbal poultices penetrate muscles & joints to provide relief from arthritis, joint pain, coughs & congestion

75 minutes £97.50

HOLISTIC THERAPIES FOR HEALTH

REFLEXOLOGY

The application of pressure on the foot reflexes encourages the body to heal itself naturally

Taster treatment (20 mins)	£20
Reflexology (45 mins)	£29
Course of 6 (£25 each)	£150
Pregnancy reflexology (45 mins)	£29

REFLEXOLOGY & REIKI (60 mins) £39

The addition of Reiki where the practitioner uses light touch which aims to change and balance the energy fields in and around your body

THAI FOOT MASSAGE (45 mins) £35

More than a foot massage! A complete energy balancing treatment for lower legs & feet, arms, back, neck, shoulders, head & scalp. Once tried there's no going back!

INDIAN HEAD MASSAGE (30 mins) £38

*Helps relieve migraine & sinus problems.
Calms anxiety & a busy mind*

INDIAN HEAD MASSAGE & HOPI EAR CANDLE (60 mins) £55

*Helps alleviate sinuses, congestion, aids sleep,
helps clear the mind & improve concentration*

AROMATHERAPY (75 mins) £55

*A de-stressing, relaxing lymphatic
drainage & pressure point massage*

STRESS RELIEF RITUAL (75 mins) £48

*Combines a back & neck massage, arm & hand,
leg & foot massage with space head & scalp
massage allowing both body & mind to relax.
Induces a complete state of inner & mental calm
that is restorative, reparative and fulfilling*

SPECIAL OCCASION MAKE-UP*

Make me up (45 mins) £30

*Cleansing, exfoliation & application
with guidance*

Take 2 (30 mins) £20

*If you've had a trial and we know exactly
what you want then this is for you*

* Make-up using Jane Iredale natural minerals

GIFT VOUCHERS*

The perfect way to treat those you love or say thank you to someone. Gift vouchers are available from £10 and redeemable against any product or treatment

*Gift vouchers are non-refundable and must be presented at appointment. Valid for 6 months from date of purchase

SPECIAL OFFERS

Great value offers each month on treatments & products. Full details in the salon, in our monthly newsletter and on our Facebook page. To get these offers by email each month let us have your email address next time you visit

25% DISCOUNT

All treatments taken with Amber our junior therapist are subject to a 25% discount. Amber has been with us for 2 years and has been trained by us so knows exactly how we like everything done! She is highly recommended

PS WE LOVE YOU!

Save money on products and treatments.
Ask us about our loyalty card

SALON OPENING HOURS & PARKING

Monday	CLOSED
Tuesday	10am – 8pm
Wednesday	09am – 6pm
Thursday	10am – 8pm
Friday	09am – 6pm
Saturday	09am – 4pm
Sunday	CLOSED

Convenient parking behind the salon in
Angel Lane Car Park (free after 5pm)

CANCELLATION & LATENESS

We would appreciate 24 hours notice if
you need to cancel an appointment or you
may incur a charge. Running late? Please
let us know as soon as possible

LOCATION & CONTACT DETAILS

Naturals Health & Beauty
6-7 Angel Lane, Dunmow CM6 1AQ

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www.naturalsdunmow.co.uk

F: facebook.com/naturalsdunmow

Book online: www.mylocalsalon.co.uk