



PRICE LIST 2017

Our promise

Our product ranges are free of chemicals & irritants.
No parabens, no mineral oil, no artificial fragrances or colour, no silicones.
Not tested on animals and organic where possible



ELEMIS



「HIGH DEFINITION」
BROWS



dermalogica®

HAIR REMOVAL

WAXING *(strip and/or hot wax)*

Full leg	£25	Full leg & bikini	£37
½ leg	£18	½ leg & bikini	£30
Bikini	£15	Brazilian	£25
Hollywood	£30	Forearms	£18
Underarms	£10	Eyebrows	£9.50
Upper lip	£ 9	Lip & chin	£12
Eyebrows, upper lip & chin			£20

ELECTROLYSIS

10 minutes	£12	20 minutes	£18
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MEN'S WAXING

Back/chest	£20	Eyebrows	£9.50
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LASHES & BROWS *(patch test required)*

Eyelash tint	£15
Eyebrow tint	£10
Eyelash/eyebrow tint with shape	£25
HD Brows	£35
Lash Perfect full set	£79
Lash Perfect maintenance from	£35

JESSICA MANICURE & PEDICURE

Manicure	£24
Deluxe manicure	£30
File & paint (fingers or toes)	£15
Pedicure	£35
Feet first (pedi without polish)	£22
Luxury Zen spa pedicure	£45
Absolute Indulgence jacuzzi pedicure	£49
Medi-Pedicure*	£65

**Clinical grade treatment by our in-house qualified surgical chiropodist, finishing with relaxing spa therapy with a natural's therapist*

JESSICA GEL NAILS

Gel manicure or pedicure	£35
Gel application	£25
Gel removal	£10

TANNING

Fake Bake hands-on application delivers a beautiful golden tan packed with anti-oxidants to protect and repair your skin. Colour ranges from light to dark

Half body	£20
Full body	£35

DERMALOGICA FACE TREATMENTS

(All best sellers – using products prescribed for your specific needs)

Face treatment (60 mins)	£48
Face treatment + back massage (80 mins)	£65
Teenage facial (30 mins)	£30
Microzone Express (30 mins)	£35

ELEMIS CLASSIC HANDS-ON FACIALS

(All products used are customised to your needs)

Classic anti-ageing facial (75 mins)	£69
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ELEMIS ADVANCED ANTI-AGEING FACIALS

BIOTEC TECHNOLOGY FACIALS

Line eraser (60 mins)	£79
Course of 6	£360

Skin is flooded with super hyaluronic hydration & oxygen therapy while microcurrent lifts and firms

Firm-a-lift (60 mins)	£79
Course of 6	£360

Super lifting facial with galvanic current to tighten cheeks, neck and jawline

Super Biotec (90 mins)	£100
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Combines line eraser and firm-a-lift for the ultimate anti-ageing facial

Dynamic skin resurfacing (60 mins)	£79
Course of 6	£360

Resurfacing for acne scarring & blemished uneven skin tone. Skin is noticeably smoother & pore size reduced

Blemish control (60 mins)	£79
Course of 6	£360

Anti-blemish activator reduces breakouts and helps to visibly clear and rebalance oily blemish-prone skin

ELEMIS FACE AND BODY COMBINATIONS

Couture express (60 mins) £55

30 minute leg & back hot stone massage followed by a 30 minute facial

Absolute couture experience (120 mins) £95

*A full body deep tissue massage with an hour long Elemis facial – **the absolute Elemis experience!***

ELEMIS DETOX AND CELLULITE

Targeted toning tightener (60 mins) £60

Course of 4 treatments £220

Achievable, visible slimming & firming results from the very first treatment. A powerful blend of salts, minerals and seaweeds targets cellulite & stubborn fat cells on hips, thighs, abdomen and back of arms to firm the body and tone the skin

ELEMIS PEACEFUL PREGNANCY TREATMENTS

Peaceful pregnancy massage (75 mins) £65

A must for all expectant mums. Designed to meet your needs during pregnancy, it helps relieve back tension and pays special attention to tired legs and aching feet

Peaceful pregnancy face & body experience (120 mins) £95

An ideal gift to spoil any mother-to-be, this nurturing full body massage is followed by a 60 minute hands on ELEMIS customised facial

Peaceful pregnancy reflexology (45 mins) £38
Course of 6 £180

A gentle therapy that is suitable whilst trying to conceive, during the pregnancy and post-natal

HEAVEN SENT MASSAGE

Swedish massage (60 mins) £48

A classic European massage to keep skin & muscles in good working order

Remedial massage (30 mins) £35
Course of 6 £180

Whether you've overdone it at the gym or work, this is a deep massage to manipulate problem areas, concentrating on releasing knotted areas in the back, neck and shoulders. Infra-red lamp used

Stress relief massage (45 mins) £45

The ultimate massage which delivers triple results by targeting three key areas - back, neck, shoulders and scalp

ELEMIS deep tissue massage (60 mins) £55
Our 'hero' massage combines 6 different cultural touches learnt from around the world

Hot stone massage

Stone therapy gives an unrivalled combination of heat and touch to relieve tired, aching muscles. One stroke with a basalt stone is ten times more effective than with the hands

Hot stone back massage (30 mins) £35

Hot stone full body massage (75 mins) £70

Add-on body exfoliation*

½ body £15

Full body £25

*Can be added to any of our massage treatments for a body that's super soft, supple and smooth

**Acupuncture and Chinese massage also available with our in-house practitioner

HOLISTIC THERAPIES FOR HEALTH

REFLEXOLOGY

The application of pressure on the foot reflexes encourages the body to heal itself naturally

Reflexology (45 mins)	£38
Course of 6	£180
Reflexology and reiki (60 mins)	£55
Reflexology and hot stones (60 mins)	£55
Thai foot massage (45 mins)	£45

HEAD MASSAGE

Indian head massage (30 mins)	£35
Indian head massage and hopi ear candle <i>Helps alleviate sinuses, congestion, aids sleep, helps clear the mind & improve concentration</i> (60 mins)	£55

AROMATHERAPY

A de-stressing, lymphatic drainage & pressure point massage

Full body massage (75 mins)	£70
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SPECIALITY MASSAGE

HAWAIIAN MASSAGE (Lomi Lomi)

Based on deep sweeping ancient Hawaiian healing massage movements which are calming yet energizing this massage includes body brushing

Full body (75 mins)	£70
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HOT & SPICY INDONESIAN MASSAGE (Luk Prakob)

Hot herbal poultices penetrate muscles and joints to provide relief from arthritis, joint pains, coughs & congestion

Full body (75 mins)	£95
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HOT OIL THAI MASSAGE (Nuad Boran)

Combines acupressure & rhythmic stretching techniques to release energy blockages, tight muscles and inflexibility

Full body (75 mins)	£70
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BRIDAL & PROM HAIR & MAKE-UP*

Make me up (45 mins) £30
Cleansing, exfoliation & application with guidance

Take 2 (30 mins) £20
If you've had a trial and we know exactly what you want then this is for you

*Hair design & styling by our in-house stylist
* Make-up using Jane Iredale natural minerals

SALON HIRE FOR PARTIES

Teenage birthday party £30 pp
Free for the birthday girl with 3 or more paying guests. Includes 2 mini treatments per person. Choose from mini manicure or pedicure, make-up, mini facial or mini hot stone massage

Pamper/wedding party POA
15% discount for parties of 3 or more

GIFT VOUCHERS*

The perfect way to treat those you love or say thank you to someone. Gift vouchers are available from £10 and redeemable against any product or treatment

NEW! We are now offering *Elemis Peaceful Pregnancy Gift Vouchers** for use with our range of pregnancy packages to spoil the mother-to-be

*Gift vouchers are non-refundable and must be presented at appointment. Valid for 12 months from date of purchase

SPECIAL OFFERS

Great value offers each month on treatments & products. Full details in the salon, in our monthly newsletter and on our facebook page. To get these offers by email each month let us have your email address next time you visit

SALON OPENING HOURS & PARKING

Monday	CLOSED
Tuesday	10am – 8pm
Wednesday	09am – 6pm
Thursday	10am – 8pm
Friday	09am – 6pm
Saturday	09am – 4pm
Sunday	CLOSED

Convenient parking behind the salon in Angel Lane Car Park (free after 6pm)

CANCELLATION & LATENESS

We would appreciate 24 hours notice if you need to cancel an appointment or you may incur a charge. Running late? Please let us know as soon as possible

LOCATION & CONTACT DETAILS

Naturals Health & Beauty
6-7 Angel Lane, Dunmow CM6 1AQ

T: 01371 875 511

E: naturalshealth@naturalsdunmow.co.uk

www.naturalsdunmow.co.uk

F: [facebook.com/naturalsdunmow](https://www.facebook.com/naturalsdunmow)

Book online: www.mylocalsalon.co.uk

PS WE LOVE YOU!

Save money on products and treatments.
Ask us about our loyalty card